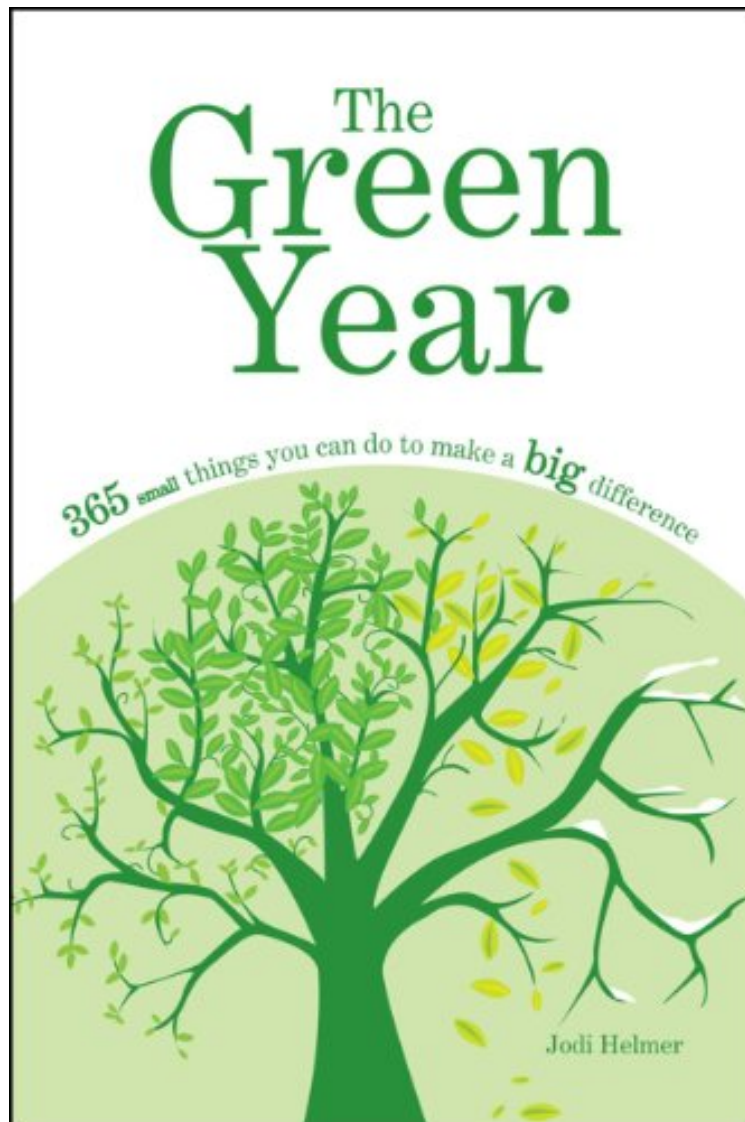


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## The Green Year

*Jodi Helmer*

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**Jodi Helmer : The Green Year** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Green Year:

1 of 1 people found the following review helpful. Five StarsBy CustomerExcellent little book to push us eco-friendlies just a little farther down the road.1 of 1 people found the following review helpful. Brief suggestions to green your world!By Janice E. CarterWhat I found enjoyable about the book is that daily suggestions were made in a calendar fashion that were clear and simple. Any person could follow one suggestion or 100; however many were applicable and inspirational.1 of 1 people found the following review helpful. Oh, I love being a greenieBy E. MillsThis book is fantastic. Everything in it is easy, fun, and even quick. I am veyr happy with theis purchase, and reccomend it to

people trying to green-up their lives, also!

Go green one day at a time. Do something every day. Most of us want to do the right thing for the environment, but making the commitment to change our fast-paced, convenience-oriented lifestyles can be more than a little daunting. What's the answer? Take that giant commitment and cut it up into 365 little commitments that get met one day at a time. The Green Year does just that. More than a calendar, it offers simple, practical, affordable, and engaging activities that make going green a blessing rather than a burden. In addition to these easy green suggestions, readers will find in *The Green Year*: ?The 'why?' behind each activity? What makes it good for the environment and the reader? ?A quick 'how-to' for any activity that requires it ?Room for readers to write in their own creative alternatives ?Helpful illustrations

About the Author Jodi Helmer is a freelance writer who specializes in writing about eco-friendly topics. Her work has appeared in *Plenty*, *Yoga Journal*, *Women's Health*, *Woman's Day*, *American Fitness*, *Women's Health and Fitness*, *Oxygen*, *Hemispheres*, *Parents*, *US Airways Magazine*, *Modern Bride*, *Parenting*, *Christian Science Monitor*, *USA Weekend*, *Better Nutrition* and the *Portland Tribune*. Helmer is a member of the American Society of Journalists and Authors (ASJA) and is moderating the panel, *Environmental Journalism: Writing Green* at the 2008 ASJA conference in New York.