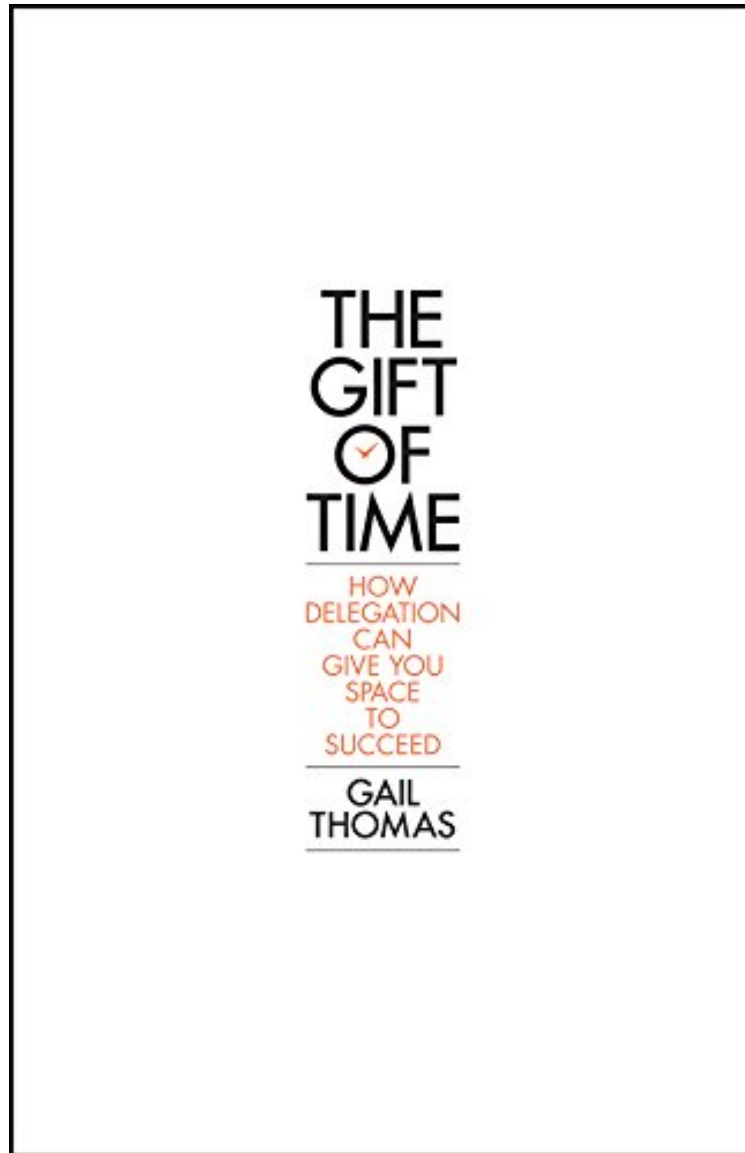


(Download) The Gift of Time: How Delegation Can Give you Space to Succeed

# The Gift of Time: How Delegation Can Give you Space to Succeed

*Gail Thomas*

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**Gail Thomas : The Gift of Time: How Delegation Can Give you Space to Succeed** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Gift of Time: How Delegation Can Give you Space to Succeed:

0 of 0 people found the following review helpful. Nice surprise to actually get some advice on how to ...By kateGot this book because I know I take on too much and expected the usual 'how to' guide. Nice surprise to actually get some advice on how to get extra support because it saves/helps make more money. I'd never thought about outsourcing as delegation before but now we have found a few different people to help and a PR guy! I highly

recommend this book.

From us to you... the precious gift of freedom from your unbearable workload and space to breathe! What is the main thing that stops you doing all those things you'd love to do? That stops you trying a new idea, starting a new hobby, looking for new opportunities or finishing that long-overdue project. It's time isn't it? It certainly is for most of us. We're all drowning in work ndash; never-ending to-do lists, constant deadlines one after the other, too many emails to possibly answer! If only some of that load could be lifted. If only we could find some space, some breathing room, some time to actually think. It would mean we could try new things, think creatively, do our best rather than just enough to get it done and off our plate. Certainly in work, business growth is dependent on creative thinking and innovation ndash; you need time to do that. If you want to succeed in your career, or make more room in your life for the nonwork stuff, then you need to free up some time. And what's the key to finding time? Delegation. Let Gail Thomas teach you to art of delegation. Stop wasting your time on tasks you're overqualified for and see how you actually can focus on the important stuff. And you won't just learn how to delegate 'down' ndash; Gail will also help you master upwards delegation. The Gift of Time includes: How proper delegation can lead to a more successful career and a happier life Solid research into the value of delegation in real monetary terms An examination of the attitudes and barriers to delegation and how to overcome them Different types of delegation ndash; not just 'downward delegation' but upwards and sideways delegation, silent and stakeholder delegation Articles by guest writers ndash; experts in particular areas, such as parental delegation Case studies to illustrate exactly how effective delegation has been done to great results

nbsp;ldquo;Thersquo;s plenty here for a time-poor entrepreneurs looking to create a more efficient workplacercdquo; (Elite Business, March 2015)"The tone is crisp and well paced...this reviewer recommends it for someone who needs to lighten their own load while streamlining operations" (Entrepreneur Middle East, October 2015)From the Back CoverGET SOME SPACE What is the main thing that stops you doing all those things you'd love to do? That stops you trying a new idea, starting a new hobby or finishing that long-overdue project. Not enough time? Do you feel like you're drowning in to-do lists, looming deadlines and emails? If only some of that load could be lifted. If only we could find some space, some breathing room, some time to actually think. REGAIN YOUR TIME Lack of time can dramatically impede your professional accomplishments, bring leisure plans to a halt and create more stress. Let Gail Thomas teach you the art of effective delegation so you can recoup your time and find the space to grow. Become more successful at work and happier at home Understand the value of delegation in monetary terms Identify and overcome your previous barriers to delegation Learn how to delegate well, manage those who delegate to you and collaborate with colleagues more effectively. Find out how to spend less time with tedious burdens and more time doing something meaningful. The Gift of Time helps you lighten the load and do what you love. 'Valuable words of wisdom on what we might soon call "the art of delegating"' mdash;Julian Barling, PhD FRSC, Borden Chair of Leadership and Author of The Science of LeadershipAbout the AuthorGail Thomas is delegation consultant and founder of the Virtual PA company, a nationwide shared secretary service.A professional speaker and business consultant, Gail has studied in depth, the value and benefits of delegation; and has published a white paper and manifesto as part of a PhD. Her company The Virtual PA has achieved 14% growth while 85% of the industry has seen decline. Her corporate background includes roles as the ecommerce director of Whittard of Chelsea plc and Head of Boots Direct managing cross function teams of 50+. She has an MBA in Financial strategy, Business strategy and creative management.She has been finalist in the Everywoman Business Woman of the Year Awards, Women in Public Life Awards and Yorkshire Rural Entrepreneur.