

(Free) The First 20 Hours: How to Learn Anything . . . Fast!

The First 20 Hours: How to Learn Anything . . . Fast!

Josh Kaufman

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Josh Kaufman : The First 20 Hours: How to Learn Anything . . . Fast! before purchasing it in order to gauge whether or not it would be worth my time, and all praised The First 20 Hours: How to Learn Anything . . . Fast!:

67 of 70 people found the following review helpful. Watch his YouTube video instead - Is FREE, short and to the point. By julio flores Very simple. DO NOT buy this book. Instead watch his FREE video on YouTube. Gives you the same ideas of this book and you only spend about 15 min watching that video. In this book, he goes about describing how he learn 5 or 6 different things he was interested in. In the YouTube video, he tells you the tools you need to learn anything in 20hrs or less and again in about 15min of watching. 2 of 2 people found the following review helpful.

Practical, well thought out and clearly presented
By jonago I've been working the system since I got and read the book. Simple easy stuff even I can do. Well written in a personal style that persuades you to take an honest assessment of what's holding you back, then you are ready to take up the individual steps and voila you begin to learn and gain confidence. 1 of 1 people found the following review helpful. Definitely worth reading
By Santiago Espinosa Uribe I think the book is really good. There's no secret to learning new skills efficiently and Josh is very aware of that. He has a bunch of common sense tips that put together make up a great learning method and he shares his own experience in a way that will definitely motivate you to stop procrastinating. I hate self-help books and I'm glad to say that this is not one of them. This is not about the secret to happiness or the meaning of life and the book does not treat the reader as if he or she were stupid or desperate. Josh is simply sharing an obvious but powerful idea: that if you approach learning from a strategic perspective you can be far more efficient than if you just jump into the water and learn to swim the hard way. It's worth mentioning that I happened to be a Go player (3d) and also someone who touch-types in a different keyboard layout. There's a chapter in the book devoted to how Josh learned each of these skills and I can vouch for the content about that. On a side note: I set up a new wiki so that we can collectively make the research part of the learning process easier by listing the set of sub-skills that are needed to learn something new: skilldeconstruction.wikia.com. Check it out and please contribute.

Forget the "10,000 hour rule"... what if it's possible to learn any new skill in 20 hours or less? Take a moment to consider how many things you want to learn to do. What's on your list? What's holding you back from getting started? Are you worried about the time and effort it takes to acquire new skills - time you don't have and effort you can't spare?

"A blockbuster in the making,
The First 20 Hours
breaks down the learning process into simple and effective steps with real-life examples that inspire. After reading this book, you'll be ready to take on any number of skills and make progress on that big project you've been putting off for years."--CHRIS GUILLEBEAU, author of
The \$100 Startup
"If you're like me, you'll get so inspired that you'll stop reading to apply this approach to your own procrastinated project. After reading the first five chapters, I tried Josh's technique to learn a new programming language, and I'm blown away with how fast I became fluent."--DEREK SIVERS, founder, CD Baby, sivers.org
"With the amount of information and change in the world today, the person who can adapt and learn the most quickly will be the most successful. Kaufman breaks down the science of learning in useful, entertaining, and fascinating ways. If you care about keeping your job, your business, or your edge, this book is for you."--PAMELA SLIM, author of
Escape from Cubicle Nation
"In this inspiring little book, Josh argues that you can get good enough at anything to enjoy yourself in just 20 hours. In other words, all that's standing between you and playing the ukulele is your TV time for the next two weeks. If Josh, a busy father and entrepreneur, can make the time, then the rest of us can too."--LAURA VANDERKAM, author of
168 Hours
and
What the Most Successful People Do Before Breakfast
"Lots of books promise to change your life. This one actually will."--SETH GODIN, author of
The Icarus Deception
About the Author
JOSH KAUFMAN
helps people make more money, get more done, and have more fun. His first book,
The Personal MBA: Master the Art of Business, is an international bestseller. He lives in Colorado. Visit first20hours.com and joshkaufman.net; Follow @joshkaufman