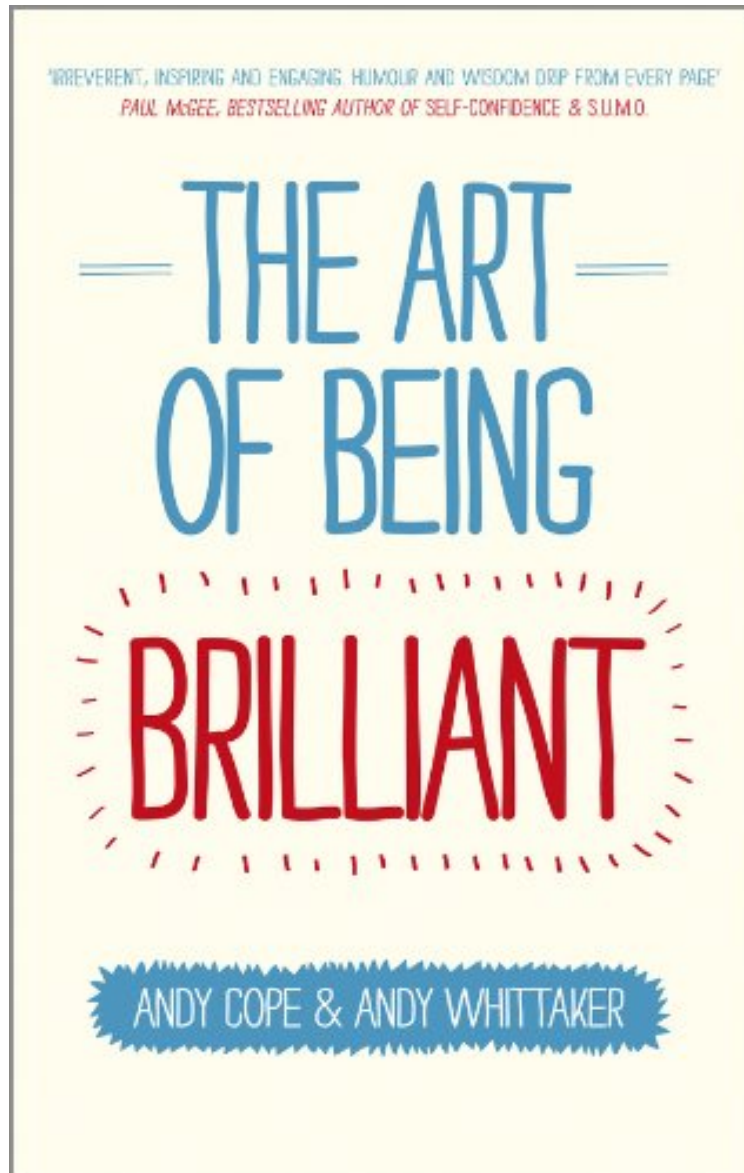


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The Art of Being Brilliant: Transform Your Life by Doing What Works For You

Andy Cope, Andy Whittaker

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A pep talk in your pocket This short, small, highly illustrated book will fill you to the brim with happiness, positivity, wellbeing and, most importantly, success! Andy Cope and Andy Whittaker are experts in the art of happiness and positive psychology and The Art of Being Brilliant is crammed full of good advice, instructive case studies, inspiring quotes, some funny stuff and important questions to make you think about your work, relationships and life. You see being brilliant, successful and happy isn't about dramatic change, it's about finding out what really works for you and doing more of it! The authors lay down their six common-sense principles that will ensure you focus on what you're good at and become super brilliant both at work and at home. • A richly illustrated, 2 colour, small book full of humour, inspiring quotes and solid advice • A great read with a serious underlying message – how to foster positivity and bring about success in every aspect of your life • Outlines six common-sense principles that will help you ensure you are the best you can be

This short, small, easy to read and highly illustrated book will fill you to the brim with happiness, positivity, wellbeing and most importantly success. i (Entrepreneur Country, October 2012)From the Back CoverBeing brilliant, successful and happy isn't about changing who you are – It's about finding out what works for you, and doing more of it! The Art of Being Brilliant is crammed full of advice, case studies, quotes, funny stuff and important questions to get you thinking about your work, relationships and life. You'll discover your strength, learn to make the most of what you've got, identify where you want to be, and take some concrete steps towards your brilliant future. Read it, do what it says, you'll feel the results reverberate positively in everything you do. Just be Yourself BrilliantlyAbout the AuthorAndy Cope is a best-selling author, trainer, qualified teacher and learning junkie. He brings the best of what he knows from the field of positive psychology. Andy Whittaker is a qualified trainer of Neuro-Linguistic Programming and Time Line Therapy. He also moonlights as a stand-up comic, so lends this book his unique brand of humour.