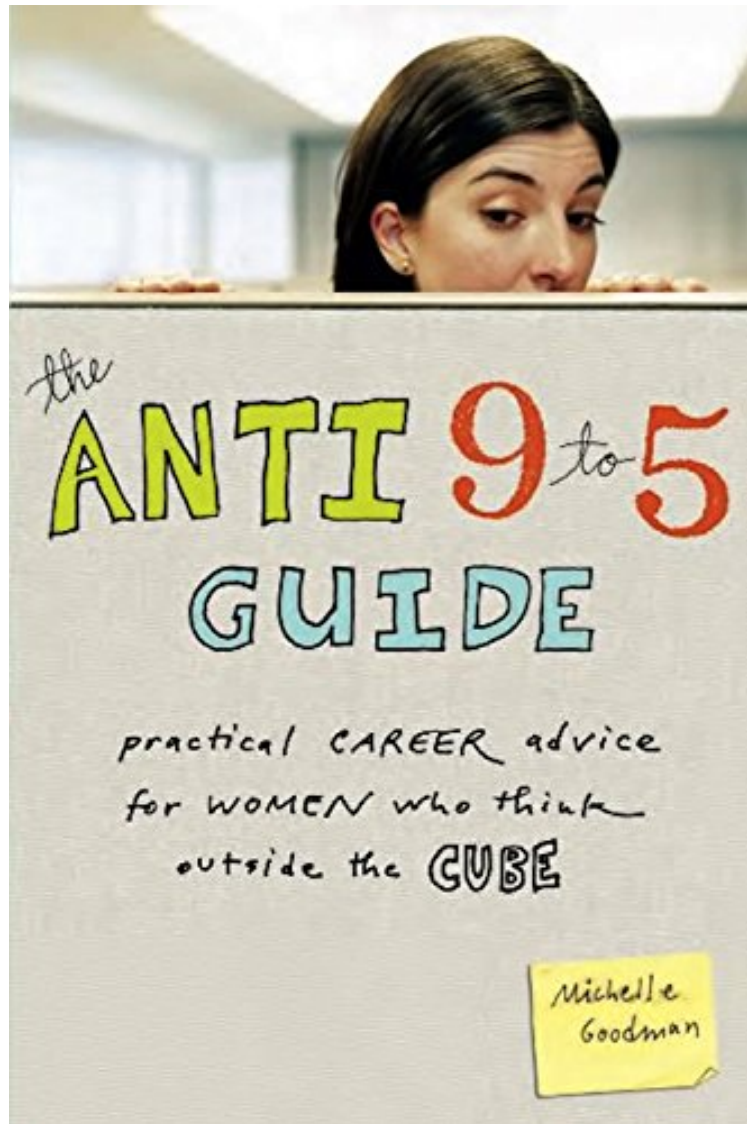


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The Anti 9 to 5 Guide: Practical Career Advice for Women Who Think Outside the Cube

Michelle Goodman

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Michelle Goodman : The Anti 9 to 5 Guide: Practical Career Advice for Women Who Think Outside the Cube before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Anti 9 to 5 Guide: Practical Career Advice for Women Who Think Outside the Cube:

0 of 0 people found the following review helpful. The Low Down Skinny and The Nitty Gritty. By Shanta Whitesides I recently picked up a copy of Michelle's new book and have been thoroughly enjoying it. The way the book is laid out is conducive to diving right in and reading it straight through or skipping around and reading the sections that interest

you most. There is a great resource guide in the back that has more websites and resources than you can shake a stick at. I also really like the 'Boss in a Box' section that hits the finer points and nuts and bolts of striking out on your own. The book is written in a very upbeat tone and is indispensable to anyone thinking of making the flying leap to all things outside the work-a-day world. A great way to help turn your fleeting career dreams and aspirations into reality. Get it, and get on your way. 1 of 1 people found the following review helpful. I am so done with my day job. By bookwormthemillionth I read this book hoping it would give me some tips on what to do after I turn in my notice. Turns out, not a whole lot. Goodman quit her day job without even really knowing what she wanted to do (done) or getting any kind of client base (done) or even saving a little money (not quite done, but I have come up with a budget and ways to minimize expenses), so I'm already a few steps ahead of where she was. That said, I still highly recommend this book. If nothing else, it's very amusing, as well as informational. Goodman has a great sense of humor and a conversational style that kept me reading. She also has a ton of information on how to go about quitting your job regardless of what you want to do. Thinking of starting a non-profit? This book has some excellent resources to help you get started. What if you still want a day job, you just don't want an office job? Or you want to work from home? This book still has you covered. Goodman knew that her path to self-employment was not the only one, so she interviewed entrepreneurial women working in all sorts of fields and included their words of wisdom in this book. The result is a wealth of information that Goodman sprinkles throughout the book, rather than leaving it compacted in one interview section. Each chapter contains quotes and advice from women doing whatever you want to do, and I think Goodman did a pretty good job of covering all her bases. From self-employment, to volunteering, to working travel into your budget and schedule, to just spending more time doing what you love. She has advice on how to go about easing yourself out of the 9-to-5 lifestyle and into the kind of life you want. I would definitely recommend this book to anyone looking to change up their work schedule. It left me more knowledgeable about what I'm about to do, more confident, and entertained me the whole way through. 0 of 0 people found the following review helpful. A solid read for beginning freelancers By Lauren D'Ambra Advice directed toward all manner of outside-the-box 9 to 5ers. Some I had already come to conclusion of on my own, but she offers key insights only driven from experience. A great choice if you're just starting out in this direction or starting to have thoughts of doing so!

Today, lots of women would love to integrate their passion with their career and are seeking advice on how to do just that. Michelle Goodman, a self-proclaimed, "wage-slave" has written a fun, reassuring, girlfriend-to-girlfriend guide on identifying your passion, transitioning out of that unfulfilling job, and doing it all in a smart, practical way. The Anti 9-to-5 Guide realizes that not every woman wants the corner office, in fact, some women don't want to be in an office at all. Today's women are non-traditionalists, do it yourself sort of girls who want to travel the world, take up knitting, frolic in the land of freelancing but want to do it all without going broke. The Anti 9-to-5 Guide provides readers with the resources you need to have it all and still have a place to sleep. Michelle suggests great tips for easing into the life you want. With an entire chapter devoted to pursuing your passion on the side, The Anti 9-to-5 Guide encourages us to tweak our current career path or head down a new one, and ultimately succeed.

From Publishers Weekly Snappy and practical, this guide to quitting your job at the "e-mail-saturated, meeting-happy cube farm" will prove indispensable to any young professional itching to strike out on her own. Goodman, a successful freelance writer, aims her book at women between 25 and 35, but young men will likely find her advice (always send a thank you note after an informational interview; play it cool if you snort coffee out your nose) just as relevant. From "sussing out the gigs" to guidance on taxes and health insurance to battling "the inertia that binds one's derriere to the sofa like a tongue to a frozen flagpole," Goodman covers all the aspects of going solo. A "Show Me the Money" section at the end of each chapter gives readers money-saving tips (eat all the food in your fridge before it "liquefies or grows spores"), and checklists covering steps readers must take before becoming self-employed. Goodman's advice is applicable to a broad range of careers, though the non-profit and international travel chapters are useful primarily for pointing to other, more in-depth sources. Goodman's tone is realistic-taking into account the obstacles facing a generation burdened early by debt-but she retains a sense of humor, making this information-dense guide an encouraging, buoyant lifesaver. Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. From Booklist In a practical guide for young women who are ready to abandon their cubicles and carve out their own dreams, Goodman offers tools and tips for joining the DIY career club. Echoing many career-advice books, Goodman focuses on defining what your passion is and then mapping out a series of transition plans to get from cubicle to dream job. The book is most appropriate for women early in their careers who have not invested much time or energy on a serious career path. Her recommendations for freelancing, temping, part-time work, and lots of career exploration speak to a woman who has not yet found her calling. How-to sections on networking, deciding about additional schooling, resume preparation, and information interviewing are most appropriate for the younger worker still figuring out her career path. Gail Whitcomb Copyright © American Library Association. All rights reserved ...a witty-yet-practical look at what to do if you hit the snooze button repeatedly every workday morning or want to dump a boss who acts like 'The Office's' big kahuna. -- The Washington Post Ever fantasized about life sans

hellish boss and boring staff meetings? Michelle Goodman's book can help you make the great escape. Whether you want to break into your dream industry as a freelancer or start your own business, *The Anti 9-to-5 Guide* is a handy desk resource for women whose ambitions run the gamut... -- *Bust Magazine*Ms. Goodman delivers vivid stories and solid advice in a tone that is lighthearted, hip and funny, with a sprinkling of activism about the rights of part-time workers. -- *The New York Times*