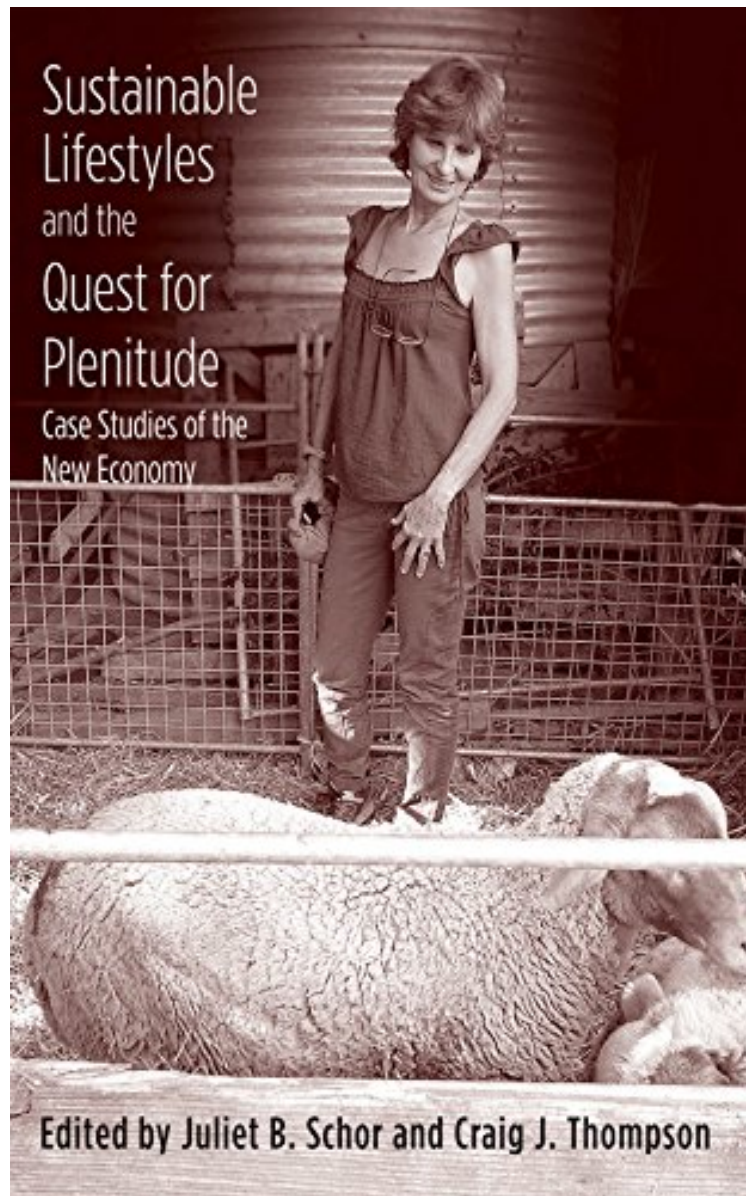


(Download) Sustainable Lifestyles and the Quest for Plenitude

Sustainable Lifestyles and the Quest for Plenitude

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From Yale University Press : Sustainable Lifestyles and the Quest for Plenitude before purchasing it in order to gauge whether or not it would be worth my time, and all praised Sustainable Lifestyles and the Quest for Plenitude:

Many of today's most troubling environmental and economic issues have come to seem insoluble: carbon emissions, overshoot, inequality, joblessness, and a dysfunctional food system. Can we change direction, move away

from business as usual, and achieve a more sustainable, empowering, and humane economy? Through a fascinating array of illuminating case studies, this hope-filled book affirms that we can. In locations across the United States and around the globe, local participants are forging their own versions of small-scale, low-footprint, high-satisfaction lifestyles and communities. From raw-milk consumers and members of alternative agricultural initiatives to time bankers, artisan producers in the Aude region of France, and bicycle mechanics on the South Side of Chicago, individuals and small groups are exploring the practice of plenitude. Their efforts demonstrate how social and economic transformation happens and suggest new paths toward larger-scale change and a richer quality of life for all.

"This book is unique in pulling together case studies on emerging lifestyles that balance production and consumption with the environment, support economic systems that foster human well-being, and invigorate local communities. It will inspire students to rethink the possibilities of future economic systems." Eleanor Sterling, Director, Center for Biodiversity and Conservation, American Museum of Natural History