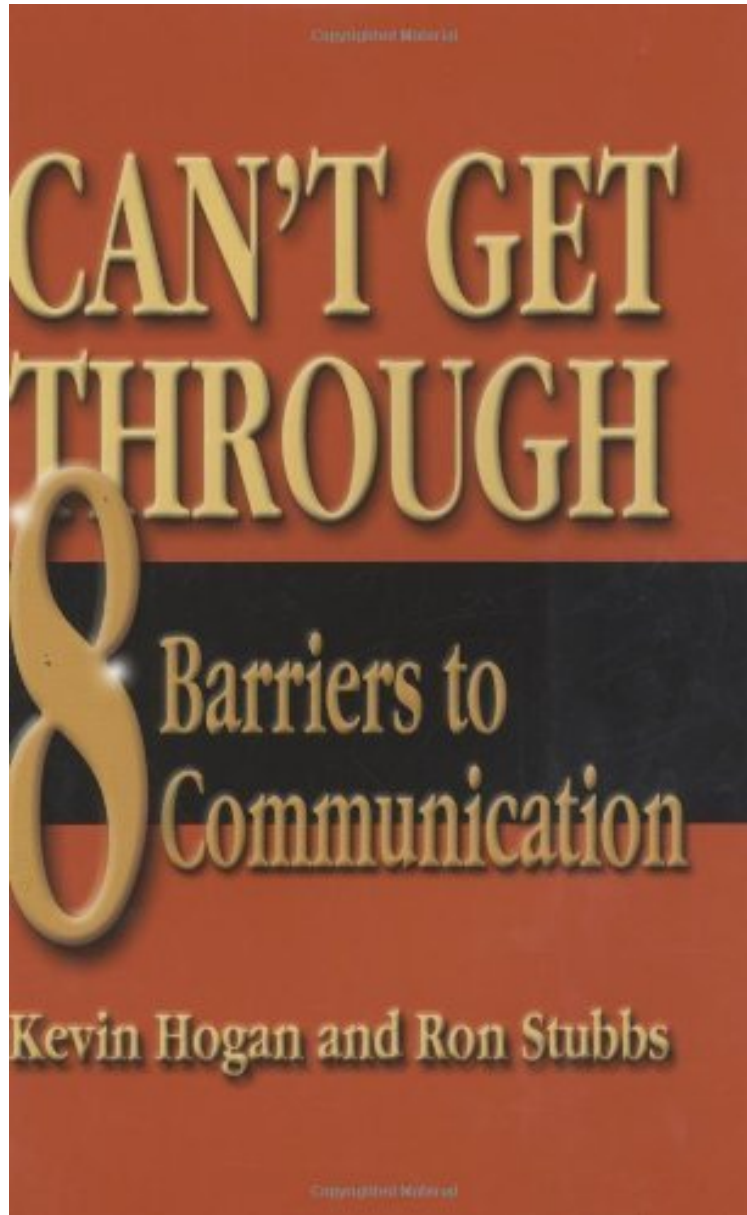


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Can't Get Through: Eight Barriers to Communication

Kevin Hogan, Ron Stubbs

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Kevin Hogan, Ron Stubbs : Can't Get Through: Eight Barriers to Communication before purchasing it in order to gauge whether or not it would be worth my time, and all praised Can't Get Through: Eight Barriers to Communication:

6 of 7 people found the following review helpful. Library Journal ReviewBy A CustomerLibrary JournalPeople have misunderstood one another since the beginning of time-and, if the self-help genre is any indication, they continue to do

so. Hogan, a well-traveled motivational speaker and expert on body language, and hypnotherapist Stubbs document common communication barriers (e.g., poor listening skills and being critical) and techniques to overcome them (e.g., distract the criticizer). Though initially a bit technical, the book smoothes out, presenting lucid examples to show readers that they should change themselves instead of trying to change others. The authors refer to research but fail to include their sources. Still, this effective and lively beginners' approach will find an appreciative readership. Large libraries can safely use this to supplement Kate M. Wachs's *Relationships for Dummies*; smaller libraries will do fine with either. Copyright 2003 Reed Business Information. 4 of 5 people found the following review helpful. Excellent InfoBy A Customer This book provides an easy to comprehend method of improving one's skills as a communicator. Stubbs and Hogan provide easily understood material and many real life examples of the reasons why people fail in communicating with each other. While there are many examples of the pitfalls in communicating in family, business and inter-personal life, the things that most people mess up on, they also provide numerous ways and suggestions to avoid them as well. Their examples are simple to put into practice yet extremely effective. All in all, I found this book to be entertaining as well as informative and would recommend it to all my friends and family. My only complaint is I would love it to be twice as long so I could glean even more life lessons from these two authors.

Packed with helpful hints, quotations, and cartoons. Can help anyone pinpoint bad communication habits and learn better conversational behavior.

From the Inside Flap Everyone's experienced it: feeling trapped in a going-nowhere conversation with a vague, argumentative, or just plain boring talker or, worse, realizing that you are the one who just can't seem to get the point across to your listener. While it is easy to identify a bad conversationalist, pinpointing how to improve communication can be difficult. Experts Kevin Hogan and Ron Stubbs can help. Here, they identify the eight most common communication mistakes. These bad habits include failing to make a good first impression, flubbing the story, not listening, arguing with the intent to harm, criticizing, displaying hostility and contempt, disregarding body language, and ignoring the cycle of communication. Then, the authors use plenty of examples and suggestions to illustrate the proper techniques and strategies for improving communication. By using these tips, anyone can improve their conversational skills and be a better communicator, in their business, social, or family life. Kevin Hogan holds a Psy.D. in psychology. His expertise in the field of human influence has made him a sought-after speaker and teacher worldwide. Hogan's books have been translated into many languages, including Chinese, Indonesian, Polish, Spanish, and Portuguese; and foreign rights have been sold in more than ten countries. He is the author of *Selling Yourself to Others: The New Psychology of Sales*, *Talk Your Way to the Top: Communication Secrets to Change Your Life*, *The Psychology of Persuasion: How to Persuade Others to Your Way of Thinking*, and coauthor, with Mary Lee LaBay, of *Through the Open Door: Secrets of Self-Hypnosis*, all available from Pelican. As a practicing certified clinical hypnotherapist and instructor, Ron Stubbs has helped clients aged 4 to 90 with a wide range of problems, including fibromyalgia, depression, chronic illness, and abuse issues. He is also a nationally recognized public speaker and corporate trainer, specializing in Neuro-Linguistic Programming and body-language techniques. Mr. Stubbs is a resident of Camano Island, Washington. For more information, please visit www.ronstubbs.com. From the Back Cover "Mars and Venus have finally connected in this masterpiece of interpersonal communication by Hogan and Stubbs!" --Katherin Scott, dating and life coach, www.making-love-work.com "This book is a must-read for anyone currently in or entering any type of relationship, whether it's personal or business. Hogan and Stubbs have hit the mark." --Laurie Z., Zebra Productions, Inc., producer/composer of *Roots: The Solo Acoustic Piano Album*, considered for eight Grammy nominations, www.lauriez.com "In my business, good communication isn't a question, it's a must have. Hogan and Stubbs have written the new expert's guide to communication." --Elsom Eldridge, Jr., coauthor, *How to Position Yourself as the Obvious Expert* From the author of *Talk Your Way to the Top* and *The Psychology of Persuasion* comes a useful handbook to perfecting your communication techniques. When your discussions seem to be going nowhere, or when you just can't seem to get through to another person, you may be falling into one or more common conversational traps. In *Can't Get Through*, Kevin Hogan and his coauthor, Ron Stubbs, identify the eight most common mistakes. Then, these two expert therapists illustrate, with scripts and examples, how to develop better habits. By honing your communication skills, you can improve your productivity and effectiveness at work, as well as ensure stronger relationships with your friends and family. About the Author Kevin Hogan is a national public speaker and founder of Success Dynamics Foundation, a nonprofit organization that strives to teach schoolchildren about making correct choices about drug use. An expert on body language, he is sought after by the media and even has interpreted President Clinton's demeanor during a televised speech for the *New York Post*. He holds a doctorate of clinical hypnotherapy from American Institute of Hypnotherapy (Irvine, California) and a Ph.D. in metaphysics from the American Institute of Holistic Theology (Youngstown, Ohio). Dr. Hogan has a clinical hypnotherapy practice and sees clients daily. He resides in Eagan, Minnesota. Ron Stubbs is a leading hypnotherapist/lecturer and instructor in the Pacific Northwest area of the United States.