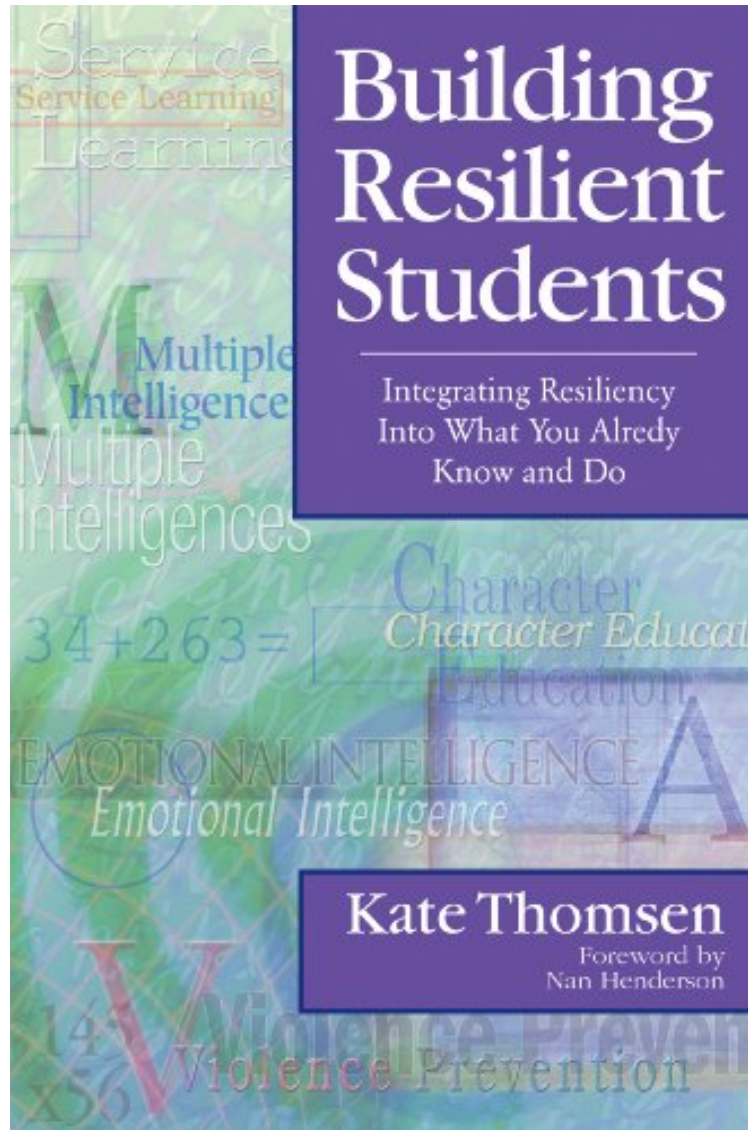


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Building Resilient Students: Integrating Resiliency Into What You Already Know and Do

Katherine Thomsen

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Katherine Thomsen : Building Resilient Students: Integrating Resiliency Into What You Already Know and Do before purchasing it in order to gauge whether or not it would be worth my time, and all praised Building Resilient Students: Integrating Resiliency Into What You Already Know and Do:

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to create resiliency in individuals so they can have productive lives despite the variables presented. 11 of 11 people found the following review helpful. Useful, readable how to without being boring! By Nancy This book is deceptive-it's an easy read that you'll find extremely helpful and empowering. Ms. Thomsen has taken all the research for various 'new' teaching techniques and made them relevant to today's overworked and overwhelmed teachers, helping them to help their students become better people. As she indicates, stable and emotionally healthy students can become involved and capable students, who can then learn. The concept is not new, but the easy to read format shows how to make it applicable in every classroom. Teachers will find themselves saying "oh, I do that" and "oh, that would be easy to incorporate in my classroom" over and over as they read this book. Buy it for that favorite teacher- -and for the parent who may be struggling with their own child's inability to connect effectively with adults and teachers and others. Read her dandelion story, and see how many people you know who fall in to it. Lovely book-a great find!

This essential resource provides educators with proven and practical applications for building resiliency in even the most at-risk students.

"At a time when student testing is at an all-time high, Kate Thomsen reminds us that as educators we are in the human potential business. This user-friendly book provides an overview of key educational trends, so teachers can easily incorporate the best of what works." (Rob Bocchino, Co-founder) "Kate Thomsen's book is a must-read for every educator. She has synthesized the wisdom from educational megatrends of the past decades and shows us how to foster healthier, safer, and more resilient students by integrating these major learnings into what we already do. I love this book!" (Beverly Title, Co-founder) "At a time when student testing is at an all-time high, Kate Thomsen reminds us that as educators we are in the human potential business. This user-friendly book provides an overview of key educational trends, so teachers can easily incorporate the best of what works." (Rob Bocchino, Co-founder) "Kate Thomsen's book is a must-read for every educator. She has synthesized the wisdom from educational megatrends of the past decades and shows us how to foster healthier, safer, and more resilient students by integrating these major learnings into what we already do. I love this book!" (Beverly Title, Co-founder) About the Author Kate Thomsen is the Supervisor of Special Programs for Onondaga-Cortland-Madison Board of Cooperative Educational Services (BOCES), Syracuse, New York. She is also an Adjunct Instructor at Syracuse University's Graduate School of Education and Counseling. As part of her responsibilities, she supervises the programs of 40 counties in a school-based drug and alcohol abuse prevention program. She frequently offers workshops on resiliency and related topics. Kate is cofounder and cochair of a local coalition, Prevention Partners for Youth Development, which works to integrate youth development principles, especially resiliency and asset development, into all youth services in Onondaga County. A secondary English teacher with a master's degree in Rehabilitation Counseling from Syracuse University and a CAS in Educational Administration from State University of New York at Oswego, she has spent her career working in both school and community agency settings. She draws on this experience to offer many ideas and examples for building resiliency in youth.