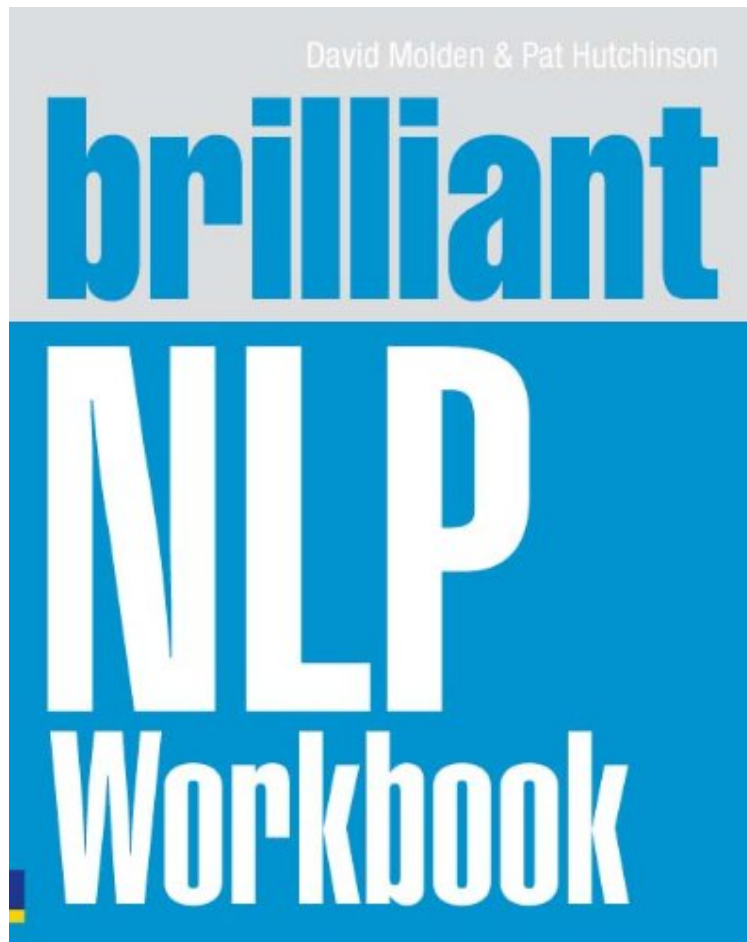


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Brilliant NLP Workbook (Brilliant Business)

David Molden, Pat Hutchinson
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In this new workbook, NLP trainers, David Molden and Pat Hutchinson, have gathered the very best NLP techniques from years of teaching and training people from all walks of life. Each exercise has been chosen for maximum impact to ensure brilliant results, every time. Designed as a complete, step-by-step programme, it details every core aspect of NLP, from creating compelling outcomes and changing old habits right through to personal strategies for success and modelling excellence. Ideal for personal or professional use, it provides an invaluable resource to help you or your clients achieve their very best in life.

From the Back Cover Put the power of NLP into practise today. Neuro-linguistic programming provides an accessible set of tools to help anyone, in any situation, achieve their potential and live a happy and successful life. In this new

workbook, NLP trainers, David Molden and Pat Hutchinson, have gathered the very best NLP techniques from years of teaching and training people from all walks of life. Each exercise has been chosen for maximum impact to ensure brilliant results, every time. Designed as a complete, step-by-step programme, it details every core aspect of NLP, from creating compelling outcomes and changing old habits right through to personal strategies for success and modelling excellence. Ideal for personal or professional use, it provides an invaluable resource to help you or your clients achieve their very best in life. Brilliant outcomes Understand how each method works and feel confident using it. Gain a complete, detailed and practical background in NLP. Know how to choose and combine NLP tools to suit you or your clients. About the Author David Molden Pat Hutchinson have over 22 years combined experience of designing and running NLP based training courses. They developed the format for NLP training used on all Quadrant 1 NLP courses and are regular speakers at the London NLP conference. Quadrant 1 International promotes both their courses and books to over 30,000 opt-in newsletter members each month, and through active social networking.