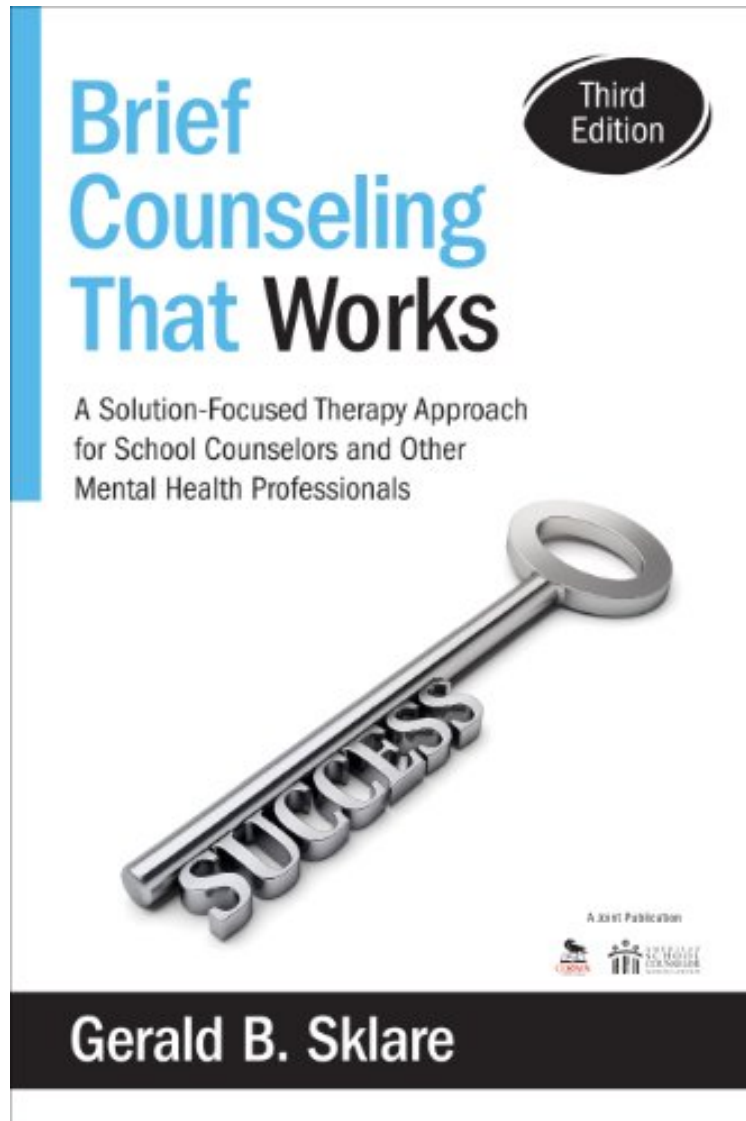


[Library ebook] Brief Counseling That Works: A Solution-Focused Therapy Approach for School Counselors and Other Mental Health Professionals

# Brief Counseling That Works: A Solution-Focused Therapy Approach for School Counselors and Other Mental Health Professionals

Gerald B. Sklare

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Everything you need for maximum counseling results in less time!Expert Gerald Sklare provides fresh insights and new applications for solution-focused brief counseling (SFBC). Learn to:• Conduct brief, short-term sessions that lead to rapid, observable change• Create well-defined client goals• Enable clients to envision and take steps toward a more hopeful future• Maximize your time for rapid, observable student progress• Use the solution-focused principles with reluctant clients• Conduct positive, goal-oriented parent conferences• Work with individuals in school and community settingsYoursquo;ll find helpful flow charts and note sheets, and invaluable practice exercises.

"Simple yet spectacular, my students and I LOVE Brief Counseling that Works. It presents a user-friendly, time-efficient, and very effective approach to counseling school-aged youth (and adults)!"--Bradley T. Erford, Professor"Every once in a while I come upon a text that is so clear, so explicit, and so practical that I hear students recommending it to other counseling students who are not in the class. Gerald Sklare's Brief Counseling That Works: A Solution-Focused Approach for School Counselors and Administrators is one such book. I have used the first two editions in my secondary school internship course for several years, and have had universally positive feedback from the interns. Even though they have all been introduced to SFBC in their theories and group classes and many have applied it in to their work in practicum, they are excited about how it helps them with "Connecting the Pieces." While I appreciate the ways that the book addresses the application of SFBC to the school setting, I feel that it is a valuable resource for anyone working with children and adolescents regardless of the setting."--Virginia S. Dansby, Professor"The solution-focused counseling approach is teaching us that strengths and resources are already available and dormant within students, parents, and the school. This book is a highly readable and practical guide for harnessing the power of problem-free talk and exception-seeking to support and empower our students."--Stephanos P. Vassilopoulos, Assistant Professor"Simple yet spectacular, my students and I LOVE Brief Counseling that Works. It presents a user-friendly, time-efficient, and very effective approach to counseling school-aged youth (and adults)!"--Bradley T. Erford, Professor"Every once in a while I come upon a text that is so clear, so explicit, and so practical that I hear students recommending it to other counseling students who are not in the class. Gerald Sklare's Brief Counseling That Works: A Solution-Focused Approach for School Counselors and Administrators is one such book. I have used the first two editions in my secondary school internship course for several years, and have had universally positive feedback from the interns. Even though they have all been introduced to SFBC in their theories and group classes and many have applied it in to their work in practicum, they are excited about how it helps them with "Connecting the Pieces." While I appreciate the ways that the book addresses the application of SFBC to the school setting, I feel that it is a valuable resource for anyone working with children and adolescents regardless of the setting."--Virginia S. Dansby, Professor"The solution-focused counseling approach is teaching us that strengths and resources are already available and dormant within students, parents, and the school. This book is a highly readable and practical guide for harnessing the power of problem-free talk and exception-seeking to support and empower our students."--Stephanos P. Vassilopoulos, Assistant Professor"Simple yet spectacular, my students and I LOVE Brief Counseling that Works. It presents a user-friendly, time-efficient, and very effective approach to counseling school-aged youth (and adults)!" (Bradley T. Erford, Professor)"Every once in a while I come upon a text that is so clear, so explicit, and so practical that I hear students recommending it to other counseling students who are not in the class. Gerald Sklarersquo;s Brief Counseling That Works: A Solution-Focused Approach for School Counselors and Administrators is one such book. I have used the first two editions in my

secondary school internship course for several years, and have had universally positive feedback from the interns. Even though they have all been introduced to SFBC in their theories and group classes and many have applied it in to their work in practicum, they are excited about how it helps them with "Connecting the Pieces". While I appreciate the ways that the book addresses the application of SFBC to the school setting, I feel that it is a valuable resource for anyone working with children and adolescents regardless of the setting." (Virginia S. Dansby, Professor)"The solution-focused counseling approach is teaching us that strengths and resources are already available and dormant within students, parents, and the school. This book is a highly readable and practical guide for harnessing the power of problem-free talk and exception-seeking to support and empower our students." (Stephanos P. Vassilopoulos, Assistant Professor)About the AuthorGerald B. Sklare, EdD, LPCC (Licensed Professional Clinical Counselor), NCC (Nationally Certified Counselor), is a professor in the Department of Educational and Counseling Psychology at the University of Louisville in Kentucky. Both his master's degree and doctorate are in counselor education from Wayne State University in Detroit, Michigan. He has served as a teacher and counselor in elementary, junior high, and high schools; he has conducted workshops around the United States on SFBC; and he has practiced in school settings and in private practice using this approach.Hear from the author himself here.